

Navigating The Seas of Change

Sundays | 9:45–10:45 AM | Haverkamp Room

Join us for a year-long faith exploration through the seas of change in our lives, community, and nation. Deepen your trust in God by working to figure out what you, as Christ's follower, can do or be in this world.



September 11
Change in History & the Military
General James Cartwright, USMC, Ret., Vice Chairman of the Joint Chiefs of Staff from 2007-2011

WPC member and former Secretary of the U.S. Air Force Michael Donley will introduce Gen. Cartwright, who will address changes in our military and how our military has changed the world. Gen. Cartwright is currently the Harold Brown Chair in Defense Policy Studies at the Center for Strategic & International Studies and a Board Member at Wesley Theological Seminary.



September 18
Christian-Muslim Engagement
Salih Sayilgan, Catholic University & Dodd Sims, M.D.

In an engaging forum, Salih Sayilgan and Dodd Sims will present their work on Christian-Muslim engagement in a world of difference, offering new insights for a more fruitful cooperation between the two faiths.

Salih Sayilgan is a teaching fellow at the Catholic University of America where he teaches courses on Islam and World Religions. Dodd Sims, M.D. practices internal medicine in Alexandria. For more than twenty years he has worked with the immigrant community of Northern Virginia. He has a masters in theology from Wesley Seminary.



September 25
Relationship Aspect of Care: The Role of the Mind/Body/Spirit on Promoting Healthy Lifestyles & Coping Skills
Dr. Christina Puchalski, Executive Director of the George Washington University's Institute for Spirituality and Health (GWish)

Dr. Puchalski is a pioneer and international leader in the movement to integrate spirituality into healthcare in both the clinical setting and in medical education. She will talk about the importance of spirituality in healthcare, which can enhance patient coping, health outcomes, and health care decision making.



October 2
Sexual Violence and Faith
Implications: A Survivor's Memoir
Rev. Ruth Everhart, writer and Presbyterian pastor

Life is a gift from God. Even the hard parts. But as a sexual violence survivor, that belief raises the question: Where is God in stories of brutality and trauma? Rev. Everhart is the author of *Chasing the Divine in the Holy Land* (2012) and *Ruined* (2016), a memoir.

October 9
Spirituality in the Smartphone Age
Rev. MaryAnn McKibben Dana, writer and Presbyterian pastor

Some commentators praise the power of technology to help us organize and connect. Others say the Internet is decimating our attention spans and weakening our relationships in real life. This session will offer theological grounding and practical wisdom as we navigate the joys and perils of this digital age—ever changing yet here to stay. Rev. McKibben Dana is the author of *Sabbath in the Suburbs: A Family's Experiment with Holy Time* (2012).



October 16 & 23
Fear: Historical Factors & American Impact
Dr. Peter Stearns, Professor of History and Provost Emeritus at George Mason University

Dr. Stearns is a lecturer and author who specializes in world history, social history, globalization, and the history of emotions.

October 30, November 6 & 13
Issues of Justice in the Provision of Healthcare

Dr. Jim Muyskens, President of Queen's College, the City University of New York, 2002-2013

The question of the right to access to health care runs deeper than partisan politics. Is an affluent society an unjust one if it does not provide this access? Does our commitment to Christian ethics mean that we have a collective duty to support public policies in favor of providing access? Dr. Muyskens, a WPC member, has written and taught on religion and medical ethics.



November 20–December 11
Dr. Bruce Douglass, Director, Reformed Institute of Metropolitan Washington
Dr. Douglass is a regular (and popular!) speaker at WPC. His class topic is TBA.



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